

The Breakfast Table Times

THE NEWS, MADE SIMPLE

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TOP STORY

Leaders Work On Money Plan

WASHINGTON, D.C. — Lawmakers in Washington are making a budget. A budget is a spending plan. The government needs a budget every year. Leaders must agree on the plan.

If they do not agree, some services could stop. People are watching this closely. We hope leaders agree soon.

BACKGROUND

The government makes a spending plan every year.

Why it matters: *It helps pay for schools and other services.*

What to watch: *Watch for news about the budget deal.*

GOVERNMENT

Maine Gets Ready To Vote

AUGUSTA, MAINE — Maine will pick a new U.S. senator in 2026. This is called an election. Groups made guides to help voters learn.

A survey asked Maine people what matters to them. Voting helps people choose their leaders. Everyone can learn more before Election Day.

BACKGROUND

Maine picks leaders through elections.

Why it matters: *Voting lets people choose who leads them.*

What to watch: *Watch for Election Day news.*

SCIENCE & TECH

Scientists Learn New Things

NEW YORK, N.Y. — Scientists keep finding new things. Some scientists study outer space. Some dig up old bones and tools. This is called archaeology.

New discoveries help us learn about history. Space missions teach us about planets and stars. Kids can learn science too!

BACKGROUND

Scientists study many things all year.

Why it matters: *New discoveries help us learn about our world.*

SPORTS

Giants Win Big Game

ARLINGTON, TEXAS — The Giants won a football game this week. They beat the Dallas Cowboys, 28 to 20.

Giants fans cheered loudly for their team. The victory made everyone very happy. The team plays more games this season. Fans hope the Giants keep winning.

BACKGROUND

The Giants are a football team from New York.

Why it matters: *Winning games makes fans excited.*

What to watch: *Watch for the Giants' next game.*

SOUTHERN MAINE

Fall Is Coming To Maine

PORTLAND, MAINE — Fall is coming to Maine. The air is getting cooler. Leaves will soon change color. Summer warmth is fading away.

People are getting ready for autumn. Kids can wear warm jackets soon. Many families enjoy apple picking in fall. It is a fun time of year!

BACKGROUND

Maine has warm summers and cool falls.

Why it matters: *Weather changes affect what we wear and do.*

What to watch: *Watch for cooler days ahead.*

GOOD NEWS

Lamoine Plans Fall Fun

LAMOINE, MAINE — The town of Lamoine, Maine has fun fall events. Families can join activities together. Community events help neighbors meet.

Towns across Maine plan fall fun. It is a nice way to enjoy autumn. Everyone is welcome to join in. Fall is a great time for community fun.

BACKGROUND

Lamoine is a small town in Maine.

Why it matters: *Community events help neighbors have fun together.*

Read this with a grown-up if you want to. Ask them anything! | Sources: Wikipedia, '2026 United States federal budget,' https://en.wikipedia.org/wiki/2026_United_States_federal_budget, The Maine Monitor, '2026 Maine Voter Guide,' <https://themainemonitor.org/elections/>; Wikipedia, '2026 Maine Senate election,' https://en.wikipedia.org/wiki/2026_Maine_Senate_election; Siena Research Institute, <https://sri.siena.edu/2026/09/17/special-maine-trust-for-local-news-siena-maine-progress-report/>, ScienceDaily, <https://www.sciencedaily.com/>; Sci.News, <https://www.sci.news/>; Space.com, <https://www.space.com/>; Wikipedia, '2026 in archaeology,' https://en.wikipedia.org/wiki/2026_in_archaeology, ESPN, 'Giants 28-20 Cowboys (Sep 13, 2026) Box Score,' https://www.espn.com/nfl/boxscore/_/gameId/401872930, WGME, 'September in Maine: From summer warmth to fall chill,' <https://wgme.com/news/arc-maine/september-in-maine-from-summer-warmth-to-fall-chill>, Town of Lamoine, Maine, 'Events for September 17, 2026,' <https://www.lamoine-me.gov/events/2026-09-17/?shortcode=f0b1cb7d>