

The Breakfast Table Times

THE NEWS, MADE SIMPLE

MONDAY, SEPTEMBER 14, 2026

EDITION NO. 22

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TOP STORY

Lawmakers Stop a Government Shutdown

WASHINGTON — Leaders in Washington made a deal. They agreed to pay for government programs. This stopped a shutdown before it started.

A shutdown could close parks. It could slow down some help for families. Now workers keep their paychecks and services stay open.

Why it matters: *This means workers get paid and government help keeps working for families.*

SCIENCE & TECH

Look Up! September Has Fun Sky Sights

NASA — NASA released sky tips for September. Skywatchers can see bright planets after sunset. The Moon will change shape all month long.

Find a clear night to look outside. Bring a family member along with you. Watching the sky teaches you about space. It is a fun activity for everyone.

Why it matters: *Learning about the night sky is fun and teaches kids about space.*

SPORTS

Yankees Beat Mets 2-0

NEW YORK — The Yankees played the Mets on Sunday. The Yankees won the game 2 to 0. Good pitching helped the Yankees win.

It was a fun game to watch. Fans cheered at Yankee Stadium. The Mets try again next game. Baseball season is exciting this fall.

Why it matters: *It was an exciting game for baseball fans in New York.*

Giants Win Season Opener

EAST RUTHERFORD, N.J. — The Giants opened their season on Sunday. They played the Dallas Cowboys at home. New York won by twenty-eight to twenty.

Fans at MetLife Stadium cheered loudly for their team. The Giants played hard through the whole game. This win gives fans hope for the season.

Why it matters: *It was a strong start to the season for Giants fans.*

OUR TEAMS

New York Yankees Yankees 2, Mets 0

Final score from Sunday's Subway Series game at Yankee Stadium.

New York Giants Giants 28, Cowboys 20

Final score from Sunday's season-opening game at MetLife Stadium.

SOUTHERN MAINE

Maine Schools Share New Updates

AUGUSTA, MAINE — Maine's school leaders shared news this month. Schools are getting ready for fall. Teachers are planning fun class activities.

Parents can read the news online. Schools want families to know what's new. Sharing news helps kids do well. It helps the whole school stay close.

Why it matters: *These updates help schools and families get ready for the year.*

GOOD NEWS

Maine Farms Get Ready for Fall Fun

AUGUSTA, MAINE — Maine farms are getting ready for fall. Families can visit and have fun. There will be pumpkins and apples to pick.

People come together at these fun events. Kids can learn how food grows. It is a happy time in fall.

Why it matters: *Fall festivals bring families together and support Maine farmers.*

Read this with a grown-up if you want to. Ask them anything! | Sources: NPR, <https://www.npr.org/2026/09/01/nx-s1-5951536/house-government-funding-vote-midterms>; CNN, <https://www.cnn.com/2026/09/01/politics/congress-government-shutdown-midterms>; NASA Science, <https://science.nasa.gov/solar-system/skywatching/whats-up-september-2026-skywatching-tips-from-nasa/>; ESPN, https://www.espn.com/mlb/game/_/gameId/401816924/mets-yankees; MLB.com, <https://www.mlb.com/gameday/mets-vs-yankees/2026/09/13/823495/final/box>; https://www.espn.com/nfl/game/_/gameId/401872930/cowboys-giants; Pro-Football-Reference, <https://www.pro-football-reference.com/boxscores/202609130nyg.htm>; Maine DOE Update, <https://mainedoenews.net/2026/09/04/maine-doe-update-september-4-2026/>; Maine Department of Agriculture, Conservation and Forestry, <https://www.maine.gov/dacf/about/calendar/event.shtml>