

The Breakfast Table Times

THE NEWS, MADE SIMPLE

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TOP STORY

America Remembers 25 Years Later

NEW YORK, NY — Today is a special day. It is 25 years since September 11, 2001. On that day, helpers tried to save people. Sadly, many people died.

We remember them today. Names are read aloud at 8:30 a.m. Flags fly at half-staff. We say thank you to helpers everywhere.

Why it matters: *We remember and say thank you to helpers.*

NATION & WORLD

Election Season Kicks Off

WASHINGTON, D.C. — Many people are running for government jobs. Election day is coming this fall. People will vote for leaders in Congress. Voting helps decide who makes our laws.

Everyone is encouraged to learn and vote. Leaders gave speeches this week about voting. They asked people to promise to vote.

Why it matters: *Voting helps decide who makes laws for our country.*

GOVERNMENT

Leaders Race to Agree on Money Plan

WASHINGTON, D.C. — Congress must agree on a money plan. The plan pays for government jobs and services. The deadline is September 30. If they don't agree, some services could stop.

This already happened two times this year. People hope Congress can agree this time. Many families depend on these services.

Why it matters: *This helps decide if government services keep running.*

SPORTS

Yankees Sweep Rockies

BRONX, NY — The Yankees won big last night. They beat the Colorado Rockies 10 to 3. This win completed a three-game sweep.

The Yankees now have 84 wins this season. Fans cheered for the strong hitting. The team keeps playing well this month.

Why it matters: *Baseball fans are excited as the season nears its end.*

OUR TEAMS

New York Yankees Beat the Colorado Rockies 10-3

Completed a three-game sweep; improved to 84-62 this season.

SOUTHERN MAINE

Fall Colors Begin in Maine

BANGOR, ME — Fall is coming to Maine. The state shared its first leaf report. It tells us when leaves change color. Some leaves are starting to turn red and orange.

More colors will show up soon. Many families like to look at the pretty leaves. Peak color usually comes in October.

Why it matters: *Fall colors bring visitors and fun to Maine.*

GOOD NEWS

A New Way to Say Thank You

NEW YORK, NY — This year there is a new tradition. It happens after the names are read. People pause for a seventh moment of silence.

It honors helpers who got sick later. They worked hard after September 11, 2001. We say thank you to them too.

Why it matters: *It shows care for helpers who got sick after their brave work.*

Read this with a grown-up if you want to. Ask them anything! | Sources: 9/11 Memorial visitor guide — <https://www.vibenycitours.com/post/september-11-2026-9-11-memorial-visitor-guide> ; Flag guidance — <https://flagsexpress.com/blog/flags-half-staff/united-states/september-11-2026/>, WORLD News Friday morning news — <https://wng.org/podcasts/friday-morning-news-september-11-2026-1789069188>, FEBA Benefits — <https://febabenefits.org/blog/the-2026-government-shutdown-key-dates-and-pay-rules/> ; Wikipedia — https://en.wikipedia.org/wiki/2026_United_States_federal_government_shutdowns, MLB Gameday — <https://www.mlb.com/gameday/rockies-vs-yankees/2026/09/10/823499> ; Yahoo Sports — <https://sports.yahoo.com/articles/yankees-break-open-complete-sweep-025459946.html>, WABI-TV — <https://www.wabi.tv/2026/09/09/maine-releases-first-fall-foliage-report-2026/>, 9/11 Memorial visitor guide — <https://www.vibenycitours.com/post/september-11-2026-9-11-memorial-visitor-guide>