

The Breakfast Table Times

THE NEWS, MADE SIMPLE

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TOP STORY

Yankees Win Keeps Team in Playoff Race

BRONX, NEW YORK — The Yankees defeated the Rockies on Tuesday night. The final score was six to one. They played at Yankee Stadium in the Bronx.

This victory improved New York's record to eighty-three wins. The team currently holds the top wild card spot. That position could lead to the playoffs. Fans hope the winning streak continues this month.

SPORTS

Football Season Kicks Off This Week

NEW YORK, NEW YORK — Football season is starting. NFL teams play their first games this week. Fans across the country are excited.

The New York Giants also begin their season soon. Teams have worked hard all summer to get ready. Many families will watch games together this weekend.

OUR TEAMS

New York Yankees Yankees 6, Rockies 1

New York improved to 83-62 and holds the AL's top wild card spot heading into the season's final weeks.

SCIENCE & TECH

NASA Shares Tips for Watching the Night Sky

WASHINGTON, D.C. — NASA shares tips for watching the night sky. This month, they suggest looking up after dark. You might see bright planets.

You could also see the moon change shape.

Skywatching is fun for the whole family. All you need is a clear night.

NASA Shares Amazing Eclipse Photos

WASHINGTON, D.C. — NASA shared amazing eclipse photos. The pictures show the moon's shadow. It moved across the Earth. This happens during a solar eclipse.

The photos came from sky watchers. NASA picks a new photo every day. Many people enjoy seeing space pictures like this.

SOUTHERN MAINE

Sunny Labor Day Gives Way to Cloudy Skies

PORTLAND, MAINE — Labor Day was sunny in Maine. The sky was clear all day. Many families enjoyed the warm weather. But the weather changed later in the week.

Clouds and rain moved in. It's a normal end-of-summer pattern. September weather can change quickly in Maine.

GOOD NEWS

Live Music Continues in Portland This Fall

PORTLAND, MAINE — Portland, Maine has lots of concerts this fall. Bands play at Thompson's Point. Families can enjoy music outside. Many shows happen through September.

Live music makes the city fun. It's a great time to visit downtown. People come from all over to listen.

Read this with a grown-up if you want to. Ask them anything! | Sources: ESPN MLB Scoreboard

(https://www.espn.com/mlb/scoreboard/_/date/20260909); MLB.com game recap (<https://www.mlb.com/stories/game/823500>), NFL.com 2026 Schedule (<https://www.nfl.com/schedules/2026/by-week/week-1>); Giants.com schedule release (<https://www.giants.com/news/nfl-schedule-2026-new-york-giants-tickets-information-cowboys-eagles-commanders>), NASA Science, What's Up: September 2026 Skywatching Tips (<https://science.nasa.gov/solar-system/skywatching/whats-up-september-2026-skywatching-tips-from-nasa/>), APOD: 2026 September 5 – Chasing the Moon's Shadow (<https://science.nasa.gov/image-article/apod-2026-september-5-chasing-the-moons-shadow/>), WGME, Labor Day brings wall-to-wall sunshine in Maine before weather turns unsettled midweek (<https://wgme.com/news/local/weather-09-07-2026>), WCYY, The Ultimate Guide to Portland, Maine's Remaining 2026 Concerts (<https://wcyy.com/portland-maine-remaining-concerts-calendar-2026/>)