

The Breakfast Table Times

TODAY'S NEWS, MADE FOR KIDS

SUNDAY, SEPTEMBER 6, 2026

EDITION NO. 14

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TOP STORY

U.S. Economy Adds 162,000 Jobs in August

WASHINGTON, D.C. — The U.S. economy added about 162,000 jobs in August. That number comes from a new government report. The unemployment rate stayed steady at 4.1 percent. This rate shows how many people are looking for work. Economists had expected fewer new jobs than this.

So the report was a pleasant surprise. The Bureau of Labor Statistics collects this data every month. A strong jobs report can mean businesses feel confident. When companies hire more workers, families often earn more money. Leaders in Washington may use this report to plan future policies.

BACKGROUND

Each month, the government surveys workplaces and households to measure hiring and unemployment across the country.

Why it matters: *This report gives clues about how well the economy is doing, which can affect jobs, pay, and prices for everyday families.*

What to watch: *Watch for the September jobs report next month to see if hiring keeps growing.*

Source: U.S. Bureau of Labor Statistics (<https://www.bls.gov/news.release/empsit.nr0.htm>); CBS News (<https://www.cbsnews.com/news/august-jobs-report-us-labor-market/>); CNBC (<https://www.cnbc.com/2026/09/04/jobs-report-august-2026.html>); Quartz (<https://qz.com/us-jobs-report-august-2026-payrolls-unemployment-090426>)

SCIENCE & TECH

Science News Publishes September Issue

Science News published its September 2026 issue this week. The magazine covers space, animals, health, and new technology. Each issue shares stories about recent science discoveries. Science magazines help explain hard topics in simple words.

Students can use the magazine for extra reading. Many libraries keep copies for young readers. Reading science news can spark curiosity about the world. It also helps kids connect classroom lessons to real research. Families might read an issue together at home.

BACKGROUND

Science News is a magazine that publishes stories about scientific research for general readers each month.

Why it matters: *Science magazines help students and families learn about new discoveries in an easy-to-understand way.*

What to watch: *Readers can check the magazine's website for new stories throughout the month.*

Source: Science News, September 2026 issue (<https://www.sciencenews.org/sn-magazine/september-2026>)

SPORTS

Yankees Top Padres, 5-1

SAN DIEGO, CALIF. — The New York Yankees defeated the San Diego Padres 5-1 on Saturday, September 5. The win keeps the Yankees pushing toward the postseason. Yankees pitchers held the Padres' offense to just one run. New York's hitters also delivered timely runs to secure the victory.

Every game matters this time of year for playoff positioning. Fans at the ballpark cheered as the Yankees improved their record. The team hopes to keep the momentum going in upcoming games. The regular season is nearing its end, with just weeks left to play.

BACKGROUND

The Yankees and Padres played at Petco Park in San Diego as both teams competed for strong finishes to the season.

Why it matters: Late-season wins like this can decide which teams make the playoffs.

What to watch: Fans will watch to see if the Yankees can keep winning as they head toward the playoffs.

Source: ESPN (https://www.espn.com/mlb/game/_gameId/401816825/yankees-padres); MLB.com (<https://www.mlb.com/stories/game/823257>); CBS Sports (https://www.cbssports.com/mlb/gametracker/recap/MLB_20260905_NYY@SD/)

Giants Release Their 2026 Schedule

EAST RUTHERFORD, N.J. — The New York Giants released their 2026 NFL schedule. The season is set to begin in the coming days. The schedule includes games against NFC East rivals. Those rivals are the Cowboys, Eagles, and Commanders. Division games often carry extra intensity for both teams.

That's because rivals compete for the same playoff spots. Giants fans have studied the schedule closely already. They want to know which games to watch. Early-season matchups can help set the tone for a team. Players are now focused on turning practice into real results.

BACKGROUND

The Giants play in the NFC East, one of the NFL's oldest divisions, alongside the Cowboys, Eagles, and Commanders.

Why it matters: The schedule shapes how fans and players plan for the season, including big division rivalry games.

What to watch: Watch for the Giants' season opener in the coming days to see how the team starts the year.

Source: Giants.com (<https://www.giants.com/news/nfl-schedule-2026-new-york-giants-tickets-information-cowboys-eagles-commanders>); NFL.com (<https://www.nfl.com/schedules/by-team/new-york-giants>); CBS Sports (<https://www.cbssports.com/nfl/teams/nyg/new-york-giants/schedule/>)

Mets Fall to Giants, 9-5

NEW YORK, N.Y. — The San Francisco Giants defeated the New York Mets 9-5 on Saturday, September 5. The Mets' pitching struggled to contain the Giants' offense. New York's hitters scored five runs of their own. But it was not enough to overcome the deficit.

The loss came during a busy stretch of the season. Teams are jockeying for playoff positioning right now. Mets fans will watch closely for pitching improvements. Every game counts for teams chasing a postseason spot. The Mets will look to bounce back in their next series.

BACKGROUND

The Mets and Giants are both National League teams competing for playoff spots as the season nears its end.

Why it matters: Every late-season game affects which teams make the playoffs, so losses like this one matter for the Mets' chances.

What to watch: Watch to see how Mets pitching performs in the next few games.

Source: ESPN (<https://www.espn.com/mlb/recap?gameId=401816818>)

OUR TEAMS

New York Yankees Won 5-1 over the San Diego Padres

Game played Saturday, Sept. 5, 2026, at Petco Park in San Diego.

GOOD NEWS

New Children's Books Hit Shelves This Fall

Bookstores and libraries are welcoming a wave of new children's books this September. The website LitHub published a roundup of ten notable new titles. Fall is often a popular season for new book releases. Many students are settling back into school routines right now.

They are often looking for their next great read. Teachers and librarians use this time to introduce fresh stories. Trying a new book can help build reading habits early in the year. Families might visit a local library to see new titles.

BACKGROUND

LitHub is a website that covers books and literature news for readers of all ages.

Why it matters: New books can spark excitement about reading, especially as students return to school.

What to watch: Check with your school or local library for recommendations on new fall reads.

Source: LitHub (<https://lithub.com/10-great-new-childrens-books-out-in-september-2026/>)