

# The Breakfast Table Times

THE NEWS, MADE SIMPLE

TUESDAY, SEPTEMBER 1, 2026

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## TOP STORY

### Fewer Jobs Added Last Month

WASHINGTON — The U.S. government shared new jobs news. In July, the country lost about 23,000 jobs. That was a surprise change. More people are now looking for work.

The jobless rate went up. It is the highest rate in almost four years. Experts will watch the next report closely. It comes out soon.

**Why it matters:** *This report helps people understand how the economy is doing.*

## NATION & WORLD

### Schools Close for a Day in the Philippines

MANILA, PHILIPPINES — Many schools in the Philippines closed for one day. The closures were for Tuesday, September 1. Local leaders made the call. They wanted students to stay safe.

This time of year often brings heavy rain there. Classes were expected to start again soon. Students will make up missed lessons later.

**Why it matters:** *Staying safe comes first, even before school.*

## SCIENCE & TECH

### Fall Starts Today, Scientists Say

NATIONAL — Today is a special day. Scientists say fall starts now. They call this weather fall. It happens every September 1.

The real fall date comes later. That day is September 22. This system makes weather easy to track. Cooler days are coming soon!

**Why it matters:** *It helps scientists study weather patterns.*

## SPORTS

### Giants Win Last Practice Game

EAST RUTHERFORD, N.J. — The New York Giants finished their preseason games. They defeated the New York Jets on Sunday. The final score was 23 to 6.

This win capped their practice season. Many backup players got to play. Coaches will now pick the final team. The regular season begins very soon.

**Why it matters:** *It helps coaches pick the best players.*

### Yankees Smash Red Sox 16-1

NEW YORK — The New York Yankees crushed the Boston Red Sox. The final score was 16 to 1. That is a very big difference!

It was one of their best games this season. Yankees batters hit the ball hard all game. Fans cheered loudly from their seats. Everyone had a great time watching.

**Why it matters:** *Winning big games helps a team feel ready for the playoffs.*

## OUR TEAMS

**New York Yankees** Played the Los Angeles Angels in Anaheim on August 31; final score was not available at press time

*West Coast night games often finish after our print deadline — check online for the result. The Yankees beat the Boston Red Sox 16-1 on Sunday, August 30.*

## SOUTHERN MAINE

### Labor Day Is Almost Here

PORTLAND, MAINE — Labor Day is coming soon. It will be on September 7 this year. Many Maine families take one last summer trip. Beaches and parks stay busy.

Many schools open around this same time. Fall weather will follow soon after. Get ready for cooler days.

**Why it matters:** *It is a special day to say thank you to workers.*

Read this with a grown-up if you want to. Ask them anything! | Sources: Bureau of Labor Statistics, 'Employment Situation Summary,' <https://www.bls.gov/news.release/empsit.nr0.htm>; NBC News, 'July jobs report: US economy shed 23,000 jobs, a sudden reversal,' <https://www.nbcnews.com/business/economy/july-2026-jobs-report-rcna591138>; Trading Economics, 'US Unemployment Rate Rises to Near 4-Year High,' <https://tradingeconomics.com/united-states/unemployment-rate/news/483231>, GMA News Online, 'WALANG PASOK: Class suspensions for Tuesday, September 1, 2026,' <https://www.gmanetwork.com/news/serbisayopubliko/walangpasok/1000527/walang-pasok-class-suspensions-for-tuesday-september-1-2026/story/>, Almanac.com, 'Daily Calendar for Tuesday,' <https://www.almanac.com/calendar/date/2026-09-01>, Yahoo Sports, 'New York Giants wrap preseason with 23-6 victory over New York Jets,' <https://sports.yahoo.com/articles/york-giants-vs-jets-live-212525825.html>; Giants.com, 'Instant Analysis: Giants close preseason with 23-6 win over Jets,' <https://www.giants.com/news/instant-analysis-giants-close-preseason-with-23-6-win-over-jets>; Big Blue Interactive, 'Preseason Game Review: New York Giants 23 - New York Jets 6,' <https://bigblueinteractive.com/2026/08/30/preseason-game-review-new-york-giants-23-new-york-jets-6/>, ESPN, 'Yankees 16-1 Red Sox (Aug 30, 2026) Final Score,' [https://www.espn.com/mlb/game/\\_/gameId/401816732/red-sox-yankees](https://www.espn.com/mlb/game/_/gameId/401816732/red-sox-yankees); MLB.com, 'MLB Gameday: Red Sox 1, Yankees 16 Final Score (08/30/2026),' <https://www.mlb.com/gameday/red-sox-vs-yankees/2026/08/30/823502/final/wrap>, Maine Events August & September 2026, <https://tg207.com/blog/happenings-around-maine-late-summer-events-from-augusta-to-southern-maine>; WGME News, <https://wgme.com/news/local>; Almanac.com